

CURRICULUM VITAE

A'verria Martin, Ph.D.

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EDUCATION:

Ph.D., Marital and Family Therapy, 2012
Loma Linda University, Loma Linda, California

M.A., Marital and Family Therapy, 2008
Alliant International University, San Diego, California

B.A., Psychology, 2005
University of California, San Diego, California

A.A., Liberal Arts, 2002
American River College, Sacramento, California

PROFESSIONAL INTERESTS:

Individual and Family Resilience, Gerontology, Serious Mental Illness, Impact of Illness on Families, Emotionally Focused Therapy, Autism Spectrum Disorders.

PROFESSIONAL CERTIFICATIONS (through):

Licensed Marriage and Family Therapist # 83363, State of California (11/30/2015)

AFFILIATIONS:

California Association of Marriage and Family Therapists, Member, 2007 – present

American Association for Marriage and Family Therapy, Student Member, 2006 – 2014

National Council on Family Relations, Student Member, 2008 – 2014

HONORS:

National Institute of Health (NIH) Loan Repayment Program Recipient, July 2013-July 2015

Loma Linda University, School of Behavioral Health, Outstanding Doctoral Student, 2012

Loma Linda University, School of Science and Technology Dean's List for Academic Achievement, Fall Quarter 2008-Spring Quarter 2012

National Dean's List for Academic Achievement, 1999-2001

RESEARCH EXPERIENCE:

Aug. 2014 Director of Research
To University of California, San Diego – Department of Psychiatry
Present Funding provided by through University of California, San Diego
Advisors: Dilip V. Jeste, M.D., Danielle K. Glorioso, LCSW
Oversee the research and development of an Organized Research Unit focused on aging, with an endowment valued at over 17 million dollars and 120 faculty members. Responsibilities include: developing and implementing strategic plans; assisting with research development; evaluating, administering and overseeing pilot projects; collaborating with colleagues around grant writing; identifying, hiring, and training new research personnel; supervision and evaluation of key staff and personnel including administrative assistants, data managers, research coordinators, and research associates. In addition, continued direct coordination of a large-scale longitudinal study on successful aging as noted in Research Coordinator position below.

Aug. 2012 Postdoctoral Research Fellow (NIH, T-32)
To University of California, San Diego – Department of Psychiatry
Present Funding provided through the University of California, San Diego
Mentors: Dilip V. Jeste, M.D., Barton W. Palmer, Ph.D.
Current projects aim to develop previous research on family resilience and successful aging; specifically examining the role of family and individual resilience in the context of both normative and accelerated aging. Cultivate research plans to explore the generalizability of a previously developed measure of family and individual resilience – that appears to predict successful aging across four domains – in populations presenting with serious mental illness. Develop and submit manuscripts to peer-reviewed journals and presentations for research conferences. Attend bi-monthly externships and core skills training for Emotionally Focused Therapy – a theory used to increase resilience in couples and families – for possible use as an intervention in future research studies. Acquire ongoing individual consultation to enhance ability to perform quantitative analyses using SPSS, R, and EQS, as well as qualitative analyses using qualitative software (i.e., QDAMiner). Participate in monthly journal clubs and investigator meetings, and several didactic seminars related to geriatric psychiatry, research methodology and statistics.

Aug. 2011 Research Coordinator
 To University of California, San Diego – Department of Psychiatry
 Aug. 2014 Funding provided by through University of California, San Diego
Advisors: Dilip V. Jeste, M.D., Danielle K. Glorioso, LCSW
 Responsible for the coordination of a large-scale longitudinal study on successful aging including: development of annual survey questionnaire, implementation of annual mailing, communication with study participants, and data management and analysis. Communicated with co-investigators and assist with the implementation of subsidiary investigations using our cohort of successful aging participants. Played an integral role in the development and achievement of innovative studies that focus on aging; collaborated with colleagues around grant writing, development of research plans and patient consents, and acquired appropriate measures to successfully carry out data collection and analysis. Advanced knowledge of assessment tools (i.e. measures of social support, compassion and empathy, physical functioning, spirituality) utilized to evaluate biopsychosocialspiritual aspects of aging.

Jan. 2006 Research Associate/Assistant Research Coordinator
 To University of California, San Diego – Department of Psychiatry
 Aug. 2011 Funding provided through the Veterans Medical Research Foundation
Advisors: Dilip V. Jeste, M.D., Danielle K. Glorioso, LCSW
 Responsible for the oversight of quality control for various facets of a comprehensive medication study including: study coordination, clinical ratings, management of blood samples, supervision of study staff, and data management and analysis. Assisted in the organization and coordination of older adult participants with psychotic disorders in a NIMH funded randomized trial to examine the metabolic, cardiovascular and cerebrovascular side effects associated with four different atypical antipsychotic medications. Met, spoke with, and explained the overall nature, risks and benefits of participating in the program to middle age and elderly potential participants from various ethnic and cultural backgrounds. Independently prepared Institutional Review Board Materials including writing human subject's applications, amending applications and preparing required progress reports for several Center studies. Experienced working with participants with schizophrenia, bipolar disorder, major depressive disorder, and dementia and their family members.

Jan. 2005 Research Associate
 To University of California, San Diego – Department of Psychiatry
 Mar. 2007 Funding provided through the University of California, San Diego
Advisors: Christine L. McKibbin, Ph.D., Dilip V. Jeste, M.D.
 Trained in etiology, manifestation, course and treatment of psychiatric disorders with special attention to late life psychosis. Concurrently trained in health promotion with geriatric populations, with special emphasis to underserved populations (i.e., minorities with severe mental illness). Reliably administered psychiatric rating scales and measures of cognitive functioning, overall health, health behaviors, quality of life and disability (i.e., PANSS, HAM-D, AIMS, YALE). Assisted in all

aspects of a comprehensive clinical trial for patients with severe mental illness including: identification of patient needs, recruitment, assessment, intervention, data entry, analysis and presentation of results. Contributed to the development of a health promotion program (Saludable) for Latino individuals and their families; tailored to accommodate for psychiatric and cognitive deficits common in patients with severe mental illness. The Saludable study piloted a culturally adapted lifestyle intervention designed to reduce obesity in Latino patients with schizophrenia who resided in family settings. Assisted in protocol development, research design and grant application writing. Collaborated with principle investigator to prepare Institutional Review Board Materials including: writing research protocols and human subject consents, amending applications, and preparing required progress and adverse reporting for multiple studies.

Sept. 2004
To
Dec. 2004 Research Assistant (199): Work-study program offered by UCSD Psychology Department.
Faculty: Timothy Rickard, Ph.D.
Assisted in cognition and cognitive neuroscience laboratory. Administered two-hour experiment to five to six participants a week. The project examined the practice-based development and modification of the memory associations underlying skilled performance in a lexical-acquisition task. I gained knowledge that memory associations most often change as a result of practice.

CLINICAL EXPERIENCE:

Oct. 2014
To
Present Licensed Marriage and Family Therapist
Family Guidance and Therapy Center of Southern California, San Diego, CA
Supervisor: Jenny Palmiotto, LMFT
Provide collaborative therapy deeply considering levels of attachment, and socio-cultural issues through the frameworks of Emotionally Focused Therapy (EFT) and Socio-Emotional Relationship Therapy (SERT). Support individuals, couples, and families to openly process feelings, harmonize beliefs and ideas, and organize and share responsibilities to enrich their future development. Currently completing a certification in the Relationship Development Intervention a family-based, behavioral treatment designed to address autism's core symptoms. Dual specializations that focus on work with children with Autism and their families, as well as couples.

Feb. 2012
To
Oct. 2014 Clinical Internship – Marital and Family Therapy Intern
Family Guidance and Therapy Center of Southern California, San Diego, CA
Supervisor: Jenny Palmiotto, LMFT
Provided ongoing therapy for individuals, couples, and families aimed at openly processing feelings, harmonizing beliefs and ideas, and organizing and sharing responsibilities to enhance future development. Involved in advanced training in Emotionally Focused Therapy and Socio-Emotional Therapy. Began certification in the Relationship Development Intervention a family-based, behavioral treatment designed to address autism's core symptoms. Developed dual

specialization that focused on work with children with Autism and their families, as well as couples. Responsible for a high degree of self-marketing including: social networking, blogging, and networking with other health professionals. One-hour/week of direct individual supervision with an AAMFT approved supervisor.

- Sep. 2010
To
Sep. 2011
- Clinical Internship - Marital and Family Therapy Intern
The Elizabeth Hospice and Foundation, San Diego, CA
Supervisor: Lynn Gary, MFT
Provided therapy and psychoeducation for individuals and families who have a member in the dying process or have recently experienced a loss. Conducted follow-up calls and assessments with newly bereaved individuals whose loved one was cared for by The Elizabeth Hospice; initiated ongoing therapeutic services and psychosocial support with these clients' if necessary. Supported individuals, couples, and families in understanding the process of grief and assisted them in coping with their loss. Performed therapeutic interventions from multiple theoretical lenses including: attachment, narrative, and family systems. Consistently took into consideration social justice issues such as culture, gender, and socio-economic status when working with clients. Received 2-hours/week of on-site group supervision and an additional 1-hour/week of direct individual supervision with an AAMFT approved supervisor.
- Jun. 2009
To
Jun. 2010
- Clinical Internship – Marital and Family Therapy Intern
Social Action Community Health System (SACHS) Norton Clinic, Loma Linda, CA
Supervisors: Barbara Hernandez, Ph.D.; Donna Smith-Burgess, MFT
Provided medical family therapy in a primary care setting for individuals from low socio-economic backgrounds. Directly discussed the long term implications of physical illness on the family system and importance of social support with family members present during medical appointment. Allowed patients and their family to discuss feelings, harmonize ideas and organize responsibilities. Conferred with attending physicians and residents, psychologists and nursing staff to assure the finest collaborative care possible. Actively facilitated referrals to mental health professionals who work within SACHS-Norton behavioral health unit if requested by patient and family. Supplied resources for obtaining employment, childcare, groceries, and alternate assistance if needed.
- Jan. 2009
To
Mar. 2010
- Clinical Research Group - Creating Equal Relationships in Couples
Supervisors: Carmen Knudson-Martin, Ph.D., and Douglas Huenergardt, Ph.D.
Consistent participation in a clinical research group, which worked directly with couples at the Loma Linda Marital and Family Therapy Clinic (MFAM) every Wednesday evening. Within this clinical group I afforded the opportunity to assist in the development of the socio-emotional relationship therapy (SERT) model based on gender and power perspectives. As a result of my participation in the research group I have developed the capability to conceptualize couples cases through the framework of social, emotional, and gender perspectives. I have become increasingly attuned to process within the couple system. In addition, I have become

progressively aware of the way my own values and ideas influence my interactions with team members and how they may impact my role as a therapist.

Jun. 2007 Practicum - Marital and Family Therapy Trainee
To The Elizabeth Hospice and Foundation, San Diego, CA
Jun. 2008 Supervisor: Lynn Gary, MFT
Assessed and provided detailed reports on level of functioning, appropriateness of grieving, adequacy of social support network, and understanding of bereavement resources for individuals who had recently experienced the loss of a loved one or who were currently on hospice care. Received 24 hours of training in bereavement and the death process. Provided individual and family bereavement counseling, and facilitated multiple bereavement groups to diverse demographic populations. Two-hours/week of on-site group supervision and an additional 1-hour/week of direct individual supervision with an AAMFT approved supervisor. 506 direct client hours were performed during traineeship, including 258 relational hours.

TEACHING EXPERIENCE:

Oct. 2013 Guest Lecture
Cal State San Marcos: Field Experiences in Psychology (PSYC 495)
Professor: Lori Montross, Ph.D.
Provided a guest lecture for third and fourth year undergraduate students considering careers in mental health. Discussed personal and professional development through my Master's and Doctoral programs. Developed conversations and answered questions regarding avenues for graduate school based on desired professional outcomes (i.e., clinical, research).

Jul. 2012 Mentor
To Undergraduate Students interested in Research Careers
Present University of California, San Diego
Provide ongoing mentorship to multiple University of California, San Diego undergraduate students who are interested in a research career focused on geriatric mental health. Meet with student one hour per week to discuss ongoing projects including contributions to multiple facets of the Successful Aging Evaluation (SAGE) study, training in statistics, involvement in manuscript development, and assistance with developing a strong graduate school application. Students are typically onsite ten hours per week for ongoing mentorship opportunities.

Jul. 2011 Mentor
To High School Summer Training in Aging Research (HS STAR) Fellowship
Sep. 2012 University of California, San Diego
Provided summer mentorship for two HS STAR students per year who were transitioning between high school and four-year colleges. The HS STAR fellowship provides exceptional minority students with the opportunity to shadow and conduct hands on research with a UCSD mentor. Students are recruited from

the neighboring Preuss School, a nationally-recognized program that enrolls students whose parents never attended college. Students gained firsthand experience about the process of conducting a longitudinal survey study while working on the Successful Aging Evaluation (SAGE) study. In addition, students learned about conducting qualitative analysis through the use of grounded theory. Students transcribed and coded (open and axial) numerous qualitative interviews and developed a short paper based on their findings. This paper was presented as their final project during the HS Star conference at the end of the summer.

- Jan. 2011 Course Instructor (Barbara Hernandez – director on record)
To Loma Linda University: Marriage and Family 644, Child Abuse and Family
Mar. 2011 Violence
Managed online course for current students studying the helping professions. The course was intended to assist students in increasing their awareness and knowledge of family violence as a public health, social, environmental, and mental health issue in American Society. This course was taught from a systems perspective and addressed all areas of family violence including child abuse, partner abuse, elder and dependent adult abuse. The course focused on the impact on individuals, families, and the cost to society; as well as current research trends and findings, and evidence based interventions.
- Jun. 2009 Instructed residents, physician assistants and medical students at SACHS-Norton
To primary care on the function and benefits of medical family therapy in a primary
Jun. 2010 care or hospital settings. After beginning an internship at this site, I became keenly aware of the need for education of the team. Short psychoeducation sessions were provided each week to train team members on the purpose, significance and advantage of medical family therapy within medical sites and recognition of biopsychosocial patient issues. In addition, I created a 125-page manual to improve the integration of marital and family therapy and medicine within this setting which is currently being used as an educational tool.
- Mar. 2010 Guest Lecture
Loma Linda University: Interdisciplinary Medicine Class
Professor: Calvin Thomsen, Ph.D.
Provided guest lecture for second year medical students on the impact of medical trauma on the family system; discussing the importance of assessing both the patient and the family for degree of distress and overall disturbance. Case example was used as a facilitator for conversation about the multiple stages of renegotiation (i.e. financial, family roles, simple tasks) that becomes apparent in families when a medical trauma occurs. Students were invited to take part in a discussion of possible points of entry into the family system; ultimately students were able to consider their role in assisting the family on all bio-psycho-social-spiritual levels.

Mar. 2009 Teaching Assistant
 To Loma Linda University: Marriage and Family 545, Gender Perspectives
 Jun. 2009 Assisted in the facilitation of small breakout groups focusing on gender and power issues in the larger social context. Students were encouraged to share personal experiences, reflect on lecture material and elaborate on reading assignments in order to develop a deeper conceptualization of the effects of gender and power on the family system. Provided a foundation for students to consider the implications and application of gender and power issues to the practice of marriage and family therapy.

SERVICE TO PROFESSION AND DEPARTMENT:

May 2013 Reviewer
 To Educational Research and Reviews
 Present Editor: Peter W. Wong

Feb. 2013 Reviewer
 To American Journal of Geriatric Psychiatry
 Present Editor: Dilip V. Jeste

Jun.2012 Mental Health Support Resource
 To The ALS Association
 Present Provide support group talks and support for families with a member diagnosed with ALS.

Aug. 2011 Facilitator
 To Stein Institute for Research on Aging,
 Present Weekly Research Meeting

Mar. 2011 Reviewer
 National Council on Family Relations – Reviewed proposals for the 2012 National Council on Family Relations (NCFR) conference - feminism and family study division.

ADDITIONAL TRAINING:

Jan. 2014 Relationship Development Intervention (RDI) - RDIconnect Family Consultant
 To Training Program
 Present One year training program focused on the goals and objectives of The Family Consultation Program (FCP) and the RDI Learning Community. Program was designed as a family-based, behavioral treatment to address autism's core symptoms. Training programs includes education in autism pathogenesis, dynamic intelligence, and the development of therapeutic skills that support productive client communication, guiding opportunities, creating assignments for families, and framing, scaffolding and productive support. Three days are dedicated to learning

the Relationship Development Assessment (RDA) as a tool for assessment and analysis.

- Nov. 2013
To
Present
- Ethical Challenges of Research Series: University of California, San Diego
Eight hour series designed for postdoctoral research fellows developing with careers in research. Series addresses professional codes of conduct and principles of responsible conduct of research. Each participant is required to take an *Introduction to Ethical Challenges of Research*, as well as three special topics courses including *Authorship and Collaboration*, *Professional Checks and Balances*, and *Data Acquisition and Managing Bias*.
- Nov. 2013
To
Feb. 2014
- Applied Behavioral Analysis (ABA) Training
40-hour online training through Autism Training Solutions (ATS). Training focused on assessment, behavioral interventions, and teaching procedures for working with children diagnosed with Autism.
- Mar. 2013
To
Dec. 2013
- Emotionally Focused Therapy Core Skills 1-5
Participants take part in 10 days of intensive training in Emotionally Focused Therapy (EFT) over the course of five weekends. Each day contains didactic instruction and role-plays with direct supervision. Participants are provided with an in depth study of each of the EFT steps including assessment, de-escalation, withdrawer re-engagement, and blamer softening.
- Jan. 2013
- Emotionally Focused Therapy Externship
Four day externship concentrating on the development of expertise in Emotionally Focused Therapy (EFT). Externship included observation of live sessions, presentation of theory and clinical techniques, skill training exercises, and discussion of specific cases. Emphasis on understanding marital distress from an attachment perspective, helping partners reprocess the emotional response that maintains marital distress, shaping new key interactions and bonding events, and overcoming therapeutic impasses.
- Nov. 2011
- Structural Equation Modeling: Statistics.com
Four week intensive course providing a foundation for statistical analysis using structural equation modeling (SEM). This training covers fundamental concepts and theory of statistical modeling to establish relationships among variables. Specifically this course includes: model specification, model identification, model estimation, model testing, and model modification.
- Nov. 2009
- Mind, Body and Spirit – A Guide to End of Life Care: Presented by Sharp Hospice.
One day conference focusing on the development of successful coping strategies to assist in minimizing burnout and fatigue for individuals' who provide hospice and bereavement care. Emphasis on the psychosocial, spiritual, emotional and physical needs of patients and caregivers during the dying process. Topics covered: the development of hospice, knowing Elizabeth Kubler-Ross, music therapy, and strategies to avoid compassion fatigue.

- Jun. 2009
To
Sep. 2009 Advanced Clinical Assessment: Loma Linda University
Three month elective course that provided education on psychometric and methodologies related to various assessments used in the field of psychology, psychiatry and marriage and family therapy. Review of assessment tools across clinical settings and populations. Gained understanding of principles of assessment; acquiring assessments, performing assessments, and analyzing the results of assessments.
- Feb. 2009 Mental Health Care with Older Adults: Presented by NAMI: National Alliance on Mental Illness.
One day seminar focusing on the necessity of providing superior mental health care to older adults. Topics covered: demographics of an aging population, current Alzheimer's research, mental health research with older adult participants, and facts about social security presented by the U.S. Social Security Administration.
- Oct. 2007 AAMFT Conference Workshop: Power to Create Repairable Relationships. David Schnarch, Ph.D.
5-hour externship on the capability of the therapist to facilitate the repair of traumatized relationships by maintaining a specific, well-differentiated position in the therapeutic alliance. According to Schnarch, therapists must establish and maintain: a "close in" position, balanced collaborative alliances, accurate pacing and leading, sufficient pressure on clients, and therapist's differentiation. These ideas were clearly elaborated, and 2-hours were reserved for role-plays using these therapeutic techniques.
- May 2007 Hospice Volunteer Training: The Elizabeth Hospice and Foundation.
Educated on sensitive communication skills, including how to address common fears of the patient and family. Volunteers trained in identifying the stages of dying and how to appropriately support someone emotionally through these stages. Discussed the art of exploring the spiritual needs of the patient, addressing those needs without being intrusive or invalidating their beliefs, and how to help them find peace within themselves. Determined the stages of grief, factors that influence the family's grief process, signs of unhealthy grief, signs of healing, a child's grief, and addressing victims of violent loss.
- Nov. 2004
To
Jun. 2005 Careers in Mental Health: An Intensive Exposure to the Mental Health Field
Sponsored by: UCSD Department of Psychiatry
Faculty: Laura Dunn, M.D., Christine McKibbin, Ph.D., Steven Thorpe, Ph.D., Elizabeth Twamley, Ph.D., and Julie Wetherell, Ph.D.
Participated in weekly seminar meetings that incorporated didactic training in psychiatric disorders in late life including: but not limited to, schizophrenia, anxiety disorders, major depressive disorder, and dementia. Reviewed cognitive assessment strategies for the elderly, stigma associated with aging and mental illness, important factors to consider when treating minority populations, and scientific and professional writing. Multiple discussions conducted regarding career paths including clinical and academic options. Panel presentations by professional

members of the mental health field including social work, marriage and family therapy, nursing, counseling, psychology, and geriatric psychiatry. I utilized this opportunity to explore academic options, but focused on learning about research based career options with emphasis on marriage and family therapy.

Nov. 2004 Advanced training to gain inter-rater reliability on two psychiatric rating scales:
To Positive and Negative Syndrome Scale (PANSS) and the Hamilton Depression
Feb. 2005 Rating Scale (HAM-D).
Visited board and care facilities to observe the administering of these scales.
Watched five videos of patients with serious mental illness and then scored the
PANSS and the HAM-D. Finished final inter-rater reliability examination with
93% accuracy.

BOOK CHAPTER:

McKibbin, C.L., Folsom, D., Meyer, J., **Sirkin, A.**, Loh, C., Lindamer, L. (2007). Behavioral interventions to improve management of overweight, obesity, and diabetes in patients with schizophrenia. In D.Gallagher-Thompson, A. Steffen, & L.W. Thompson (Eds.), *Handbook of Cognitive-Behavioral Interventions for Older Adults*. Springer: New York.

Martin, A.S., Harmell, A., & Mausbach, B. (in press). Other positive psychological traits: Optimism, wisdom, personal mastery, perceived self-efficacy, coping, creativity, conscientiousness, and spirituality and religiosity. *Positive Psychiatry: A Clinical Handbook*.

PUBLICATIONS (refereed):

McKibbin, C., Norman, G., Patrick, K., Jin, H., Roesch, S., Lindamer, L., Mudaliar, S., **Sirkin, A.**, Jeste, D. (2006). A lifestyle intervention to reduce obesity and improve health behavior in middle-age and elderly patients with schizophrenia and diabetes mellitus. *Schizophrenia Research*, 86, 36-44.

Jeste, D.V., Savla, G.N., Thompson, W.K., Vahia, I.V., Glorioso, D.K., **Martin, A.S.**, . . . Depp, C.A. (2013). Association between older age and more successful aging: Critical role of resilience and depression. *American Journal of Psychiatry*, 170, 188-196.

Depp, C.A., **Martin, A.S.**, Jeste, D.V. (2013). Successful aging: Implications for psychiatry. *Focus*, 11, 3-14.

Distelberg, B.J., **Martin, A.S.**, & Borieux, M. (2014). A deeper look at the social support index: A multi-dimensional assessment. *American Journal of Family Therapy*, 42, 243-256.

Palmer, B.W., **Martin, A.S.**, Depp, C., Glorioso, D.K., & Jeste, D.V. (2014). Wellness within illness: Happiness in schizophrenia. *Schizophrenia Research*, 159, 151-156.

Martin, A.S., Distelberg, B., Palmer, B. W., & Jeste, D. V. (2014). Development of a new multidimensional individual and interpersonal resilience measure for older adults. *Aging & Mental Health*, (ahead-of-print), 1-14.

Moore, R.C., **Martin, A.S.**, Kaup, A.R., Thompson, W.K., Peters, M.E., Jeste, D.V., Eyler, L.T. (2014). From suffering to caring: How past versus present emotional disorders and life stressors are related to compassion among older adults. *International Journal of Geriatric Psychiatry*, (ahead-of-print), 1-7.

Martin, A.S., Palmer, B.P., Rock, D., Gelston, C.V., & Jeste, D.V. (2014). Associations of self-perceived successful aging in young-old versus old-old adults. *International Psychogeriatrics*, (ahead-of-print), 1-9

Marquine, M.J., Maldonado, Y., Zlatar, Z., Moore, R.C., **Martin, A.S.**, Palmer, B., Jeste, D.V. (in press). Differences in life satisfaction among older community-dwelling Hispanics and non-Hispanic whites. *Aging and Mental Health*.

Martin, A.S., Distelberg, B.J., & Abed Elahad, J. (in press). The relationship between family resilience and aging successfully. *The American Journal of Family Therapy*.

Distelberg, B., **Martin, A.S.**, Borieux, M., & Oloo, W. (in press). Multidimensional Family Resilience Assessment: Individual, Family and Community Resilience (IFCR) Profile. *Journal of Human Behavior in the Social Environment*.

PUBLISHED ABSTRACTS:

Martin, A. S., Distelberg, B., Palmer, B. W., & Jeste, D. V. (2013). Resilience and aging: Development of the multilevel resilience measure [abstract]. *American Journal of Geriatric Psychiatry*, 21 (3; Suppl 1), S106-S107.

Martin, A. S., Distelberg, B., Palmer, B. W., & Jeste, D. V. (2013). Aging and Resilience: The role of individual and family resilience in successful aging [abstract]. *The Gerontologist*, 53, 147.

Sundaram, J., Montross, L., Meier, E., **Martin, A.S.**, Daly, R., & Jeste, D.V. (2014). More than just better physical health: Can integrative medicine increase sagacity in older adults [abstract]. *American Journal of Geriatric Psychiatry*, 22 (3; Suppl), S101-S102.

PRESENTATIONS:

McKibbin, C.L., Trenova-Oliver, L., **Sirkin, A.**, Patterson, T., & Jeste, D.V. (2006). *Diabetes knowledge in middle-aged and elderly patients with schizophrenia*. Poster presented at the American Association for Geriatric Psychiatry's 2006 Annual Meeting: San Juan, Puerto Rico, March 10-13.

- McKibbin, C.L., Lindamer, L., **Sirkin, A.**, Jin, H., Ueki, K., Patterson, T., & Jeste, D.V. (2006). *Dietary habits in middle-aged and elderly patients with schizophrenia*. Poster presented at the American Association for Geriatric Psychiatry's 2006 Annual Meeting: San Juan, Puerto Rico, March 10-13.
- McKibbin, C.L., Patterson, T., Golshan, S., **Sirkin, A.**, & Jeste, D.V. (2006). *Diabetes education in middle-aged and older patients with schizophrenia*. Poster presented at the American Association for Geriatric Psychiatry's 2006 Annual Meeting: San Juan, Puerto Rico, March 10-13.
- Sirkin, A.** (2010). *The relationship between acceptance of partner's identity and relational focus*. Poster presented at the Loma Linda School of Counseling and Family Science Research Conference: Loma Linda University. April 14.
- Martin, A.S.** (2012). *Successful aging through a family resilience lens: Exploratory factor analysis and Confirmatory factor analysis*. Panel discussion presented at the Loma Linda School of Counseling and Family Science Research Conference: Loma Linda University. April 25.
- Martin, A. S.**, Distelberg, B., Palmer, B. W., & Jeste, D. V. (2014). *Development of a new personal and interpersonal resilience measure for older adults*. Poster presented at the UCSD School of Medicine, Department of Psychiatry, Lewis L. Judd Young Investigator Symposium: UCSD. March 10.
- Jeste, D.V., Wolkowitz, O., Glorioso, D., **Martin, A.S.**, & Palmer, B.W. (2014). *Premature aging in schizophrenia*. American Psychosomatic Society Annual Meeting: San Francisco, CA, March 12-15.
- Black, M., Golshan, S., Pena, C., Wang, L., **Martin, A.S.**, Crist, K., . . . Kerr, J. (2014). *The relationship between social support and objective physical activity in older adults in continuing care retirement communities (CCRC)*. International Society for Behavioral Nutrition and Physical Activity's Annual Meeting: San Diego, CA, May 21-24.

IN PREPARATION:

- Martin, A. S.**, Distelberg, B., Palmer, B. W., & Jeste, D. V. (in preparation). The role of individual and family resilience in successful aging.
- Martin, A.S.**, Palmer, B. W., Abed Elahad, J., & Jeste, D. V. (in preparation). A review of resilience interventions.

INTERVENTION MANUALS:

Sirkin, A. (2010). *Family Health Consultant Training Manual – SACHS Norton Clinic.*

McKibbin, C., **Sirkin, A.**, Griver, K., O'Hanlon, K. (2006). *Maintaining Your Healthy Eating and Leisure-Time Habits (MY-HEALTH).*

PROFESSIONAL REFERENCES:

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