

How do We Create Change?

Love & Autism is a social change movement. We want to support the world in changing how we view and talk about autism. Autistic people deserve love, respect, and kindness...just like the rest of us.

That's what Love & Autism is about!



Helping autistic people develop meaningful connections throughout their life:

People need connections. Loneliness was associated with decreased life satisfaction and self-esteem for people with autism.



Cultivating a sense of autistic self love: Suicide rate in autism is 40% higher than general population.



Celebrating Neurodiversity as diversity: Equal rights should be afforded to all regardless of any differences.



Reducing bullying and discrimination through education about awareness:

Upwards of 63% of individuals on the autism spectrum are the victim of bullying.



De-bunking myths and stereotypes related to autism:

Each person sharing the label of autism has their own unique story, their own truth, their own personalization of the diagnosis. People can not be reduced to a label.